What you need to know after your COVID-19 Vaccine

Normal side effects you may experience

• Injection site pain
• Injection site swelling
• Injection site redness
• Tiredness
• Headache
• Muscle pain
• Chills
• Joint pain
• Fever
• Nausea
• Feeling unwell
• Swollen lymph nodes

Call your provider if:

• Normal side effects listed above last for more than 72 hours
• You have had exposure to someone with a diagnosed COVID-19 infection
• You are experiencing COVID-19 symptoms (listed below, not considered a normal side effect)

SYMPTOMS of COVID-19 Infection include fever, chills, cough, stuffy nose, headache, shortness of breath, chest tightness, sore throat, lack of smell or taste, severe fatigue/exhaustion, muscle pain, diarrhea, nausea or vomiting

Please note—you cannot get COVID-19 infection from the vaccine, however you can contract COVID-19 infection through normal community exposure

Symptoms/side effects you should seek immediate medical care

• Difficulty breathing
• A fast heartbeat
• Dizziness and weakness
• Swelling of your face and throat
• A bad rash all over your body

You should receive the second dose of the Pfizer-BioNTech COVID-19 vaccine no earlier than 21 days and Moderna no earlier than 28 days after your first dose. The Janssen (Johnson & Johnson) vaccine is a one dose vaccine. Please schedule your second appointment in MyChart to reserve your spot. If you do not have MyChart or if you need assistance scheduling call 608-720-5055.